

Heather Gunn, MS. CNS, LDN  
Lucca Amel Wellness

Website: [LuccaAmelWellness.com](http://LuccaAmelWellness.com)  
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*Thank you for your interest in Lucca Amel Wellness.*

**We offer a variety of services that includes:**

Micronutrient testing Hormone and neurotransmitter testing Food sensitivity and allergen testing Immune function testing Cholesterol and LPP screening Comprehensive meal planning Supplement and herbal recommendations Infrared light therapy Drug---nutrient interaction consultations Weight loss programs Detoxification programs Herbal therapeutics and Supplement recommendations

**Our philosophy:**

The body can heal if we provide it with optimal amounts of nutrients for what it needs. There are a multitude of factors that drive disease and negative health outcomes. Our objective is to get to the root causes of your imbalance and support you in transforming your being.

**Fees and Payment:**

Although we do not accept insurance we can provide you with a detailed invoice for you to submit to your private insurance.

Our prices are very reasonable:

1st visit \$95.00 1.5 hrs. per individual

Follow---up visits \$55.00 1.0 hrs. per individual

We accept cash, check or credit card. HSA cards are not excepted yet, however most organizations will allow you to request a check from your HSA account to use for your health services. Testing services are usually covered by private insurance and prices vary according to test performed. Please be sure to ask which insurance companies are covered prior to requesting a test.

**Initial Consultations:**

1st visit consultations last approximately 1.5 hrs. During your session we will cover your health history, current symptoms and systems of the body. We then work together to devise a plan that will work to address your condition. Recommendations are made for supplementation, herbs, diet, lifestyle and testing.

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**Bring with you:**

Listed supplements and dosage  
Listed medications and dosage  
Current Labwork  
3 day food log  
Intake form  
Payment

**Office locations:****Bethesda**

5411 W. Cedar Lane  
Bldg. 202A  
Bethesda, Maryland 20814

**Silver Spring**

8555 16th street  
Suite 402  
Silver Spring, Maryland 20910

**Office Consultations:**

There is ample free parking at each office location. Be sure to arrive at least 10 minutes early and allot enough time for traffic and to find your way. The GPS can be confusing at times and has often led clients in the wrong direction. Please be sure to map out your drive in advance. At the Bethesda office we are next to NIH but not within the NIH compound.

**Phone Consults:**

You have the option of having a phone consultation in lieu of coming into the office. At the time of your appointment we will contact you directly. Provide us with the best number to reach you.

**Cancellation Policy:**

Kindly allow 24---48 hours notice for cancellations. This can be done via email or telephone.

**Contact me:**

Health is my passion and I am ready to support you. Feel free to contact me to arrange your appointment at: 240-604-0086 or by email at: [LuccaAmelWellness@gmail.com](mailto:LuccaAmelWellness@gmail.com). You can also sign up for discounts on my website at: [www.LuccaAmelWellness.com](http://www.LuccaAmelWellness.com)

***Live Happy!***

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